

Cherokee Rose – August 8 Program Supply List

Couching

- Sewing Machine with zig-zag stitch (you can't do this with just a straight stitch)
- Couching Foot for Your Sewing Machine
 - Pfaff – great video -- <http://www.youtube.com/watch?v=0wW62UZMLQc>
 - Bernina – video and text -- <http://www.bernina.com/en-US/Products-us/BERNINA-products-us/BERNINA-Accessories-us/Presser-feet-us/Braiding-foot-en>
 - Babylock - http://babylock.com/accessories/?Product_ID=ESG-BF
 - If you don't have a couching foot, bring your zig zag foot, which will work.
- Fabric
 - 16" square "quilt sandwich" made of:
 - Quilt top (solid looking fabric) fused to
 - Batting
 - Backing (fused or spray basted to batting)
 - A practice quilt sandwich of at least 6" square
 - 1/4 yard of solid-looking fabric (selvedge to selvedge easiest, but fat quarter okay)
 - Tear-off stabilizer the same size as your 1/4 yard of fabric
- Yarn – three kinds (dark, medium and light) that look good on your fabrics and look good together. Make sure there is good contrast between the yarn and the fabric. I will bring some yarn and you can share. Eyelash yarns don't work very well; look for something substantial in size. At least one variegated is good.
- Thread
 - neutral/similar to backing fabric for bobbin
 - for top thread, something that looks good with the yarn (rayon, metallic, fun thread that you think will work okay in your machine). Plain cotton is okay too. The thread should not contrast, but should add to the yarn.
- Basic sewing supplies, including mat, ruler and rotary cutter

Questions: contact Robin Meyer – robinmeyerga@yahoo.com or 770 948-5394