

BLANKIE PROJECT for Alzheimer's Patients

Each blankie consists of 3 layers: a front, a back and a layer of flannel to use for the batting. Cut 2 base pieces 15" x 19". Cut the batting the same size. You can use a version of Log Cabin pattern and pre-cut lots of 2" wide strips and sew the strips on a diagonal. Crazy quilt design would be nice. Each side is made different for the greatest stimuli to the recipient. Build your pattern around an interesting print or textured piece of material. Use a variety of color and texture to offer the most stimuli. Fabrics must be washable so keep this in mind.

The three pieces can be combined by the pillow case method. (right side to right side, sew and turn out) or bind the edge in your favorite way. You can use lace, rickrack, or cording to make a random pattern over some of the Blankies. A piece of fleece with the edges left loose work well!! You can make a zipper pocket by taking a 7" zipper and sew the material to the outer edge of the zipper after binding the edge of the material with a zigzag stitch. The inside of pockets can be satin. You could crochet a pull so the recipient can grab the zipper tab easily.

You can trim the Blankie with anything you consider safe. No Buttons, Bells or Beads!!

The Blankies are not quilted so the recipient can pull them apart and roll them up if they are agitated.

Blankies proceeds going to Sweetwater Assisted Living, 1600 Lee Road, Lithia Springs, GA