

## Green Ideas Workshop Supply List

We're going to learn some fun & practical ways to put our sewing room scraps to good use. We'll also be getting a little messy, so dress accordingly. I will have extra of the supplies marked as "optional", but feel free to bring your own. The supply list looks long, but you'll have most of these items in your home or studio already, and you can share with each other or shop at the \$1 store for some items.

### General Supplies

- apron
- fabric scissors
- paper scissors
- reading glasses, if you need them for small work
- rags for clean-up
- pen and paper for notes
- a brown paper bag cut into 4 flat pieces for your working surface, press to flatten
- a assortment of small paint brushes, including one flat ½" wide and a tiny one for detail; I'll have some to share
- plastic box or sheet to protect your car on the way home with wet items
- 5 plastic bags to transport dyed or painted items (old bread bags, grocery bags, etc. are fine)
- sewing needle (not the tiny hand quilting size)

### Making Fabric Beads (hands-on)

- a large plastic cup or container (32 oz. size is fine) filled 2/3 full with rice, dry beans, or other
- optional: 3" to 6" long pieces of pretty threads (preferably scraps) for embellishing. For example: trimmings from metallic, variegated or silk threads or thin specialty yarns. I'll have some to share.

### Making Cinnamon Roll Pincushions, Demonstration, some hands-on

- If you'd like to try this demo and you have a **needle felting tool**, bring it to the workshop (with your **brush or foam base**). I'll have some wool for everyone and a few tools to share.

### Making Wool Pincushions, Ball (hands-on)

- one leg from a pair of panty hose
- twisty ties (3)
- optional: scraps of a favorite wool yarn to wrap around pincushion (about 1 to 2 yards long)

### Fun with Iron-On Transfer Pens (hands-on)

- 3 white fabric pieces 4" x 4" or larger

Continued

Altering Fabrics with Paints, Inks, and More (hands-on)

- 2 pieces of white fabric with freezer paper pressed to the back, approx. 8" x 8"
- 2 pieces of white fabric (no freezer paper), approx. 8" x 8"
- optional, another fabric or two that you'd like to "color in"; for example black & white fabrics
- optional, personal spray bottle with water
- optional, assorted colors of Sharpie or Bic Mark-It markers (other markers won't work)

As for all classes, don't forget to mark your tools with your name or initials...we all seem to have the same tools!

- and -

Don't worry if you don't have every single item...I'll have some extras. All fabric supply sizes are approximate; if you have a smaller piece, that's fine. Use pieces from your scrap bag if you can.

*I'll see you soon!*